



STANDARDS DE QUALIFICATION PROVINCIAUX 2025-2026

HOMMES 25m - Men SCM

HOMMES 50m - Men LCM

GRAND PRIX DU QUÉBEC 2026

13 -	14	15	16	17	18 +	Âge / Age	13 -	14	15	16	17	18 +
26,95	25,41	24,71	24,06	23,76	23,58	50m libre / Free	27,78	26,20	25,47	24,80	24,50	24,31
58,42	55,10	53,56	52,16	51,52	51,14	100m libre / Free	1:00,23	56,80	55,22	53,77	53,11	52,72
2:07,78	2:00,51	1:57,16	1:54,08	1:52,68	1:51,85	200m libre / Free	2:11,74	2:04,24	2:00,78	1:57,61	1:56,17	1:55,31
4:34,48	4:18,87	4:11,66	4:05,05	4:02,05	4:00,25	400m libre / Free	4:42,97	4:26,87	4:19,44	4:12,63	4:09,54	4:07,68
9:35,16	9:02,43	8:47,33	8:33,49	8:27,19	8:23,42	800m libre / Free	9:52,94	9:19,21	9:03,64	8:49,37	8:42,88	8:38,99
18:08,14	17:06,23	16:37,66	16:11,46	15:59,56	15:52,42	1500m libre / Free	18:41,79	17:37,97	17:08,51	16:41,51	16:29,24	16:21,87
30,97	29,21	28,40	27,65	27,31	27,11	50m dos / Back	31,93	30,11	29,28	28,51	28,16	27,95
1:05,95	1:02,20	1:00,47	58,88	58,16	57,72	100m dos / Back	1:07,99	1:04,12	1:02,34	1:01,00	59,96	59,51
2:24,48	2:16,26	2:12,47	2:08,99	2:07,41	2:06,46	200m dos / Back	2:28,95	2:20,48	2:16,57	2:12,98	2:11,35	2:10,37
34,06	32,12	31,22	30,40	30,03	29,81	50m brasse / Breast	35,11	33,11	32,19	31,34	30,96	30,73
1:14,00	1:09,79	1:07,85	1:06,07	1:05,26	1:04,77	100m brasse / Breast	1:16,29	1:11,95	1:09,95	1:08,11	1:07,28	1:06,78
2:42,97	2:33,70	2:29,42	2:25,50	2:23,71	2:22,64	200m brasse / Breast	2:48,01	2:38,45	2:34,04	2:30,00	2:28,16	2:27,05
28,73	27,10	26,34	25,65	25,34	25,15	50m papillon / Fly	29,62	27,94	27,16	26,45	26,12	25,93
1:02,99	59,40	57,75	56,23	55,54	55,13	100m papillon / Fly	1:04,94	1:01,24	59,54	57,97	57,26	56,84
2:23,61	2:15,43	2:11,66	2:08,21	2:06,64	2:05,69	200m papillon / Fly	2:28,05	2:19,62	2:15,74	2:12,17	2:10,55	2:09,58
2:25,05	2:16,80	2:12,99	2:09,50	2:07,91	2:06,96	200m QNI / IM	2:29,54	2:21,03	2:17,11	2:13,51	2:11,87	2:10,89
5:12,28	4:54,51	4:46,31	4:38,80	4:35,38	4:33,33	400m QNI / IM	5:21,94	5:03,62	4:55,17	4:47,42	4:43,90	4:41,78



STANDARDS DE QUALIFICATION PROVINCIAUX 2025-2026

FEMMES 25m - Women SCM

FEMMES 50m - Women LCM

GRAND PRIX DU QUÉBEC 2026

13 -	14	15	16	17	18 +	Âge / Age	13 -	14	15	16	17	18 +
28,24	27,39	27,00	26,54	26,35	26,15	50m libre / Free	29,11	28,24	27,83	27,36	27,16	26,96
1:00,75	58,93	58,08	57,10	56,68	56,25	100m libre / Free	1:02,63	1:00,75	59,88	58,86	58,43	57,99
2:11,92	2:07,95	2:06,12	2:03,98	2:03,07	2:02,15	200m libre / Free	2:16,00	2:11,91	2:10,02	2:07,82	2:06,87	2:05,93
4:40,47	4:32,03	4:28,13	4:23,59	4:21,64	4:19,69	400m libre / Free	4:49,14	4:40,44	4:36,43	4:31,74	4:29,73	4:27,73
9:42,27	9:24,75	9:16,66	9:07,23	9:03,18	8:59,14	800m libre / Free	10:00,28	9:42,22	9:33,88	9:24,15	9:19,98	9:15,82
18:39,75	18:06,06	17:50,50	17:32,36	17:24,58	17:16,81	1500m libre / Free	19:14,38	18:39,64	18:23,61	18:04,91	17:56,89	17:48,87
32,19	31,22	30,78	30,25	30,03	29,81	50m dos / Back	33,19	32,19	31,73	31,19	30,96	30,73
1:08,32	1:06,26	1:05,31	1:04,20	1:03,73	1:03,25	100m dos / Back	1:10,43	1:08,31	1:07,33	1:06,19	1:05,70	1:05,21
2:28,00	2:23,54	2:21,49	2:19,09	2:18,06	2:17,03	200m dos / Back	2:32,57	2:27,98	2:25,86	2:23,39	2:22,33	2:21,27
35,84	34,76	34,27	33,69	33,44	33,19	50m brasse / Breast	36,95	35,84	35,33	34,73	34,47	34,21
1:17,70	1:15,36	1:14,28	1:13,02	1:12,49	1:11,95	100m brasse / Breast	1:20,10	1:17,69	1:16,58	1:15,28	1:14,73	1:14,17
2:48,84	2:43,76	2:41,42	2:38,68	2:37,51	2:36,34	200m brasse / Breast	2:54,07	2:48,83	2:46,41	2:43,59	2:42,38	2:41,17
30,17	29,26	28,84	28,35	28,14	27,94	50m papillon / Fly	31,10	30,17	29,74	29,23	29,02	28,80
1:06,37	1:04,37	1:03,45	1:02,37	1:01,91	1:01,45	100m papillon / Fly	1:08,42	1:06,36	1:05,41	1:04,30	1:03,83	1:03,35
2:28,60	2:24,13	2:22,06	2:19,66	2:18,62	2:17,59	200m papillon / Fly	2:33,00	2:28,58	2:26,46	2:23,97	2:22,91	2:21,85
2:29,55	2:25,05	2:22,98	2:20,55	2:19,51	2:18,48	200m QNI / IM	2:34,18	2:29,54	2:27,40	2:24,90	2:23,83	2:22,76
5:19,88	5:10,25	5:05,81	5:00,63	4:58,41	4:56,19	400m QNI / IM	5:29,77	5:19,85	5:15,27	5:09,93	5:07,64	5:05,35

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