

MET : Minimum Entry
Standard
MQS : Minimum qualification
standard
LCM : Long Course Meters
SCM : Short Course Meters



TEMPS DE QUALIFICATION PARANATATION PROVINCIAUX 2025-2026

Bassin	Type	Event	S/SB/SM 1	S/SB/SM 2	S/SB/SM 3	S/SB/SM 4	S/SB/SM 5	S/SB/SM 6	S/SB/SM 7	S/SB/SM 8	S/SB/SM 9	S/SM 10	S/SB/SM 11	S/SB/SM 12	S/SB/SM 13	S/SB/SM 14		
Men/Hommes	LCM	50m Backstroke/Dos	02:57.04	01:56.52	01:32.32	01:22.33	01:05.77											
		100m Backstroke/Dos	06:06.73	04:10.38					02:12.76	02:04.33	01:51.94	01:43.70	01:38.48	02:03.41	01:47.83	01:40.95	01:38.70	
		50m Breaststroke/Brasse	05:26.83	05:10.09	01:28.16													
		100m Breaststroke/Brasse				03:04.74	02:50.07	02:18.42	02:15.23	02:03.21	01:54.86		02:13.70	01:59.07	01:53.62	01:49.66		
		50m Butterfly/Papillon		01:25.26	01:17.45	01:09.64	01:03.48	00:54.64	00:51.42									
		100m Butterfly/Papillon									01:43.85	01:37.17	01:35.16	02:05.38	01:39.12	01:33.24	01:31.74	
		50m Freestyle/Libre	02:23.15	02:07.67	01:25.22	01:07.17	00:56.57	00:51.98	00:46.80	00:44.23	00:41.16	00:39.03	00:44.51	00:39.69	00:39.14	00:39.03		
		100m Freestyle/Libre	05:19.73	04:41.23	03:11.84	02:32.67	02:06.14	01:51.73	01:44.76	01:36.59	01:31.49	01:24.78	01:44.72	01:30.58	01:26.83	01:24.98		
		200m Freestyle/Libre	11:57.60	08:32.92	07:23.45	05:39.54	04:44.84											03:05.88
		400m Freestyle/Libre							08:49.06	08:02.97	07:24.81	06:58.59	06:39.14	08:26.07	08:17.67	07:00.83		
		150m I.M./Q.N.I	16:06.28	13:15.76	07:22.32	04:56.55												
		200m I.M./Q.N.I						07:19.46	04:50.46	04:27.90	03:56.32	03:45.68	03:32.95	04:25.61	04:27.19	03:36.82	03:30.99	
		50m Backstroke/Dos	02:44.40	01:48.20	01:25.72	01:16.45	01:01.07											
		100m Backstroke/Dos	05:40.54	03:52.49					02:03.28	01:55.45	01:43.95	01:36.29	01:31.44	01:54.60	01:40.13	01:33.74	01:31.65	
		50m Breaststroke/Brasse	05:03.48	04:47.94	01:21.86													
		100m Breaststroke/Brasse				02:51.55	02:37.92	02:08.53	02:05.57	01:54.41	01:46.65		02:04.15	01:50.56	01:45.51	01:41.83		
		50m Butterfly/Papillon		01:19.17	01:11.92	01:04.66	00:58.94	00:50.74	00:47.75									
		100m Butterfly/Papillon									01:36.43	01:30.23	01:28.36	01:56.43	01:32.04	01:26.58	01:25.19	
	50m Freestyle/Libre	02:12.93	01:58.55	01:19.13	01:02.37	00:52.53	00:48.27	00:43.46	00:41.07	00:38.22	00:36.24	00:41.33	00:36.86	00:36.35	00:36.24			
	100m Freestyle/Libre	04:56.89	04:21.14	02:58.14	02:21.77	01:57.13	01:43.75	01:37.28	01:29.69	01:24.96	01:18.73	01:37.24	01:24.11	01:20.63	01:18.91			
	200m Freestyle/Libre	11:06.34	07:56.28	06:51.78	05:15.29	04:24.50											02:52.60	
	400m Freestyle/Libre							08:11.27	07:28.47	06:53.04	06:28.69	06:10.63	07:49.92	07:42.12	06:30.77			
	150m I.M./Q.N.I	14:57.26	12:18.92	06:50.72	04:35.37													
	200m I.M./Q.N.I						06:48.07	04:29.71	04:08.77	03:39.44	03:29.56	03:17.74	04:06.64	04:08.10	03:21.33	03:15.92		
	50m Backstroke/Dos	03:00.58	01:58.85	01:34.17	01:23.98	01:05.77												
	100m Backstroke/Dos	06:14.06	04:15.39					02:12.76	02:04.33	01:49.70	01:41.63	01:36.51	02:05.88	01:45.67	01:38.93	01:36.73		
	50m Breaststroke/Brasse	05:33.37	05:16.29	01:29.92														
	100m Breaststroke/Brasse				03:08.43	02:50.07	02:18.42	02:15.23	02:00.75	01:52.56		02:16.37	01:56.69	01:51.35	01:47.47			
	50m Butterfly/Papillon		01:26.97	01:19.00	01:11.03	01:03.48	00:54.64	00:51.42										
	100m Butterfly/Papillon									01:41.77	01:35.23	01:33.26	02:07.89	01:37.14	01:31.38	01:29.91		
	50m Freestyle/Libre	02:26.01	02:10.22	01:26.92	01:08.51	00:56.57	00:51.98	00:46.80	00:43.35	00:40.34	00:38.25	00:45.40	00:38.90	00:38.36	00:38.25			
	100m Freestyle/Libre	05:26.12	04:46.85	03:15.68	02:35.72	02:06.14	01:51.73	01:44.76	01:34.66	01:29.66	01:23.08	01:46.81	01:28.77	01:25.09	01:23.28			
	200m Freestyle/Libre	12:11.95	08:43.18	07:32.32	05:46.33	04:44.84											03:02.16	
	400m Freestyle/Libre							08:49.06	08:02.97	07:15.91	06:50.22	06:31.16	08:36.19	08:07.72	06:52.41			
	150m I.M./Q.N.I	16:25.61	13:31.68	07:31.17	05:02.48													
	200m I.M./Q.N.I						07:19.46	04:50.46	04:27.90	03:51.59	03:41.17	03:28.69	04:30.92	04:21.85	03:32.48	03:26.77		
	50m Backstroke/Dos	02:47.69	01:50.36	01:27.43	01:17.98	01:01.07												
	100m Backstroke/Dos	05:47.35	03:57.14					02:03.28	01:55.45	01:41.87	01:34.36	01:29.61	01:56.89	01:38.13	01:31.87	01:29.82		
	50m Breaststroke/Brasse	05:09.55	04:53.70	01:23.50														
	100m Breaststroke/Brasse				02:54.98	02:37.92	02:08.53	02:05.57	01:52.12	01:44.52		02:06.63	01:48.35	01:43.40	01:39.79			
	50m Butterfly/Papillon		01:20.75	01:13.36	01:05.95	00:58.94	00:50.74	00:47.75										
	100m Butterfly/Papillon									01:34.50	01:28.43	01:26.59	01:58.76	01:30.20	01:24.85	01:23.49		
50m Freestyle/Libre	02:15.59	02:00.92	01:20.71	01:03.62	00:52.53	00:48.27	00:43.46	00:40.25	00:37.46	00:35.52	00:42.16	00:36.12	00:35.62	00:35.52				
100m Freestyle/Libre	05:02.83	04:26.36	03:01.70	02:24.61	01:57.13	01:43.75	01:37.28	01:27.90	01:23.26	01:17.16	01:39.18	01:22.43	01:19.02	01:17.33				
200m Freestyle/Libre	11:19.67	08:05.81	07:00.02	05:21.60	04:24.50											02:49.15		
400m Freestyle/Libre							08:11.27	07:28.47	06:44.78	06:20.92	06:03.22	07:59.32	07:32.88	06:22.95				
150m I.M./Q.N.I	15:15.21	12:33.70	06:58.93	04:40.88														
200m I.M./Q.N.I						06:48.07	04:29.71	04:08.77	03:35.05	03:25.37	03:13.79	04:11.57	04:03.14	03:17.30	03:12.00			

